

North American Powerlifting Federation
5th NAPF / FESUPO Pan-American Regional Bench Press Championships
Mexico, Acapulco, 20-23.11.2014
Nominations on 05th of October 2014

PanAmerican Championship Nominations

Name/Firstname/B.Year	Nation	Benchpress
Open		
- 47 kg		
1 Vasquez Sique Maria Luisa /83	Puerto Rico	90.0
- 57 kg		
1 Acosta Herrera Loreana /86	Costa Rica	80.0
2 Santos Alejandrina /90	Mexico	70.0
3 Chino Jessica /91	Mexico	70.0
- 63 kg		
1 Campos Murillo Karina /78	Costa Rica	80.0
- 84 kg		
1 Mesen Porras Marjorie /86	Costa Rica	100.0
2 De Toledo Cristiane A /65	Brazil	77.5
84+ kg		
1 Costas Delgado Giselle /80	Puerto Rico	147.5
2 Calhoun Paulette /58	United States of America	120.0

In the Competitions were participating 9 lifters

Juniors

- 57 kg		
1 Chino Jessica /91	Mexico	70.0

In the Competitions were participating 1 lifters

Masters 1

- 84 kg		
1 De Toledo Cristiane A /65	Brazil	77.5

In the Competitions were participating 1 lifters

Masters 2

84+ kg		
1 Calhoun Paulette /58	United States of America	120.0

In the Competitions were participating 1 lifters

Classic Championship Nominations

Open		
- 52 kg		
1 Garcia Leticia /71	Mexico	40.0
2 Campos Jaqueline /99	Mexico	25.0
- 57 kg		
1 Saavedra Faridi /91	Mexico	47.5
2 Manzano Rosalva /73	Mexico	45.0

- 63 kg			
1	Avendaño Magdalena /63	Mexico	70.0
2	Flores Carolina /77	Mexico	50.0
R.	Cortes Cristina /62	Mexico	50.0
- 72 kg			
1	Céspedes Marozzi Ericka /84	Costa Rica	70.0
2	Torres Luisa /76	Mexico	50.0
- 84 kg			
1	De Toledo Cristiane A /65	Brazil	77.5

In the Competitions were participating 9 lifters (In reserve there is 1 lifter)