

**2010 USA POWERLIFTING
MILITARY NATIONAL POWERLIFTING /BENCHPRESS CHAMPIONSHIPS
SATURDAY, MARCH 20, 2010**

MEET DIRECTOR: Mr. WILLIE MASTIN, 210-723-3203 210-699-0964

MILITARY CHAIR: Ms. LANETTE L. LOPEZ, 254-681-7031

TECHNICAL SEC: JOHNNY A. GRAHAM, (254)526-0779 FAX -616-5725 CELL 254-338-5597

PLACE: FITNESS CENTER, BUILDING 940, BROOKS CITY-BASE, SAN ANTONIO, TEXAS

TIME: FRIDAY, 19 MARCH 2010
Registration & Equipment check: 6:00-8:00 pm

SATURDAY, 20 MARCH 2010
Weigh-In/Equipment check: 7:00-8:30 am
Lifting 9:00 am

ENTRY FEE: \$60.00 PER ENTRY, \$60.00 TEAM. Each additional entry \$40.00.

MAKE CHECKS PAYABLE TO: AOA SPORTS

SEND ENTRIES TO: WILLIE MASTIN
13010 OCEAN GLADE
SAN ANTONIO, TEXAS 78249

DEADLINE: 24 FEBRUARY 2010. LATE FEE \$85.00

AWARDS: 1ST-3RD EACH WT CLASS, EACH DIVISION. OPEN, JRS. MASTERS, RAW, & WOMEN
Outstanding lifter awards: Open: 114-148, 165-198, 220-Shw
Masters: 114-181, and 198-Shw Jrs.: 114-181, and 198-Shw
Women: Lightweight & Heavyweight

ELIGIBILITY: Open to all USA Powerlifting registered Military lifters. Active Duty, Reserves, National Guard, and Retired. Registration cards can be purchased during the early Equipment check. All lifters must be drug free for TWENTY-FOUR (24) months.

IMPORTANT: THE MILITARY NATIONALS IS NOW AN AUTOMATIC QUALIFIER FOR THE MEN AND WOMEN NATIONALS. ALL 1ST PLACE OPEN LIFTERS WILL QUALIFY FOR THESE NATIONAL EVENTS REGARDLESS OF THEIR TOTAL.

WEIGHT CLASSES: Women 97 105 114 123 132 148 165 181 198 SHW
Men 114 123 132 148 165 181 198 220 242 275 SHW

THANKS TO THE FOLLOWING SPONSORS FOR THIS EVENT: AOA SPORTS

MEET HOTEL: SEE ATTACHED FLYER

ENTRY FORM

NAME: _____ AGE: _____ SEX: _____

ADDRESS: _____
CITY STATE ZIP

PHONE: (_____) _____ WEIGHT CLASS: _____ DIVISION: _____

USAPL#: _____ TEAM: _____ BEST TOTAL: _____

T-SHIRT SIZE: _____ ADDITIONAL SHIRTS: \$12.00) _____ BRANCH OF SERVICE _____

In consideration of my entry, I intending to be legally bound, hereby, for myself, my executors and administrators, waive and release the USAPL, BROOKS CITY BASE, the Meet Director, their agents, representatives, committees, and members from any and all claims or Rights to damage from injuries or losses suffered by me directly or indirectly competing in or attending the 2010 USAPL MILITARY NATIONAL POWERLIFTING/ BENCHPRESS CHAMPIONSHIPS.

I agree to abide by the USAPL rules governing this event.

SIGNATURE: _____ DATE: _____

RELEASE FROM LIABILITY AND CONSENT TO DRUG TEST

IMPORTANT: READ THIS RELEASE CAREFULLY. WHEN YOU SIGN IT YOU WILL BE GIVING UP IMPORTANT LEGAL RIGHTS.

In consideration of the acceptance of my entry in this Powerlifting competition I intend to be legally bound, for not only myself but also for my heirs, my executors, and my administrators. I signing this release from liability I waive and release everyone connected with competition from any and all liability, including any results of negligence which may arise from this competition. Moreover I agree that any testing method which the meet director and the sponsors of this meet use to detect the presence of strength-inducing drugs SHALL BE CONCLUSIVE. That is, whether I think results of the tests are right or wrong I agree that I have no right to challenge the results of the Drug tests. I further agree to submit to any physical tests which may be necessary to complete drug testing. Should I fail to pass drug test I agree to forfeit any trophy or award which I otherwise have won. I understand and agree that if I fail to pass the drug tests, my name will appear on a published list of suspended members if it is determined that I have failed the drug test, I agree to waive any claim for which legal relief is available. If it is determined that I have failed the drug test, I agree to waive any claim for which legal relief is available. I agree to pay any attorney fee and litigation expenses incurred by any person, real or corporate, whom I may sue in an effort to challenge this Release from Liability form. I understand that my agreement to pay attorney fees and litigation expenses is the Sine Qua Non for the acceptance of my entry in this contest. If any provision of this release form liability shall be deemed by a court of competent jurisdiction to be invalid, the remainder of this Release of Liability shall remain in full force and effect. I also certify with my signature that this release/agreement cannot be modified orally.

Signature in full of applicant _____

Signature in full of parent or guardian if the applicant is Under 21 years old.

Certification I hereby give my word o honor as an athlete that I have not used any strength inducing drugs (i.e. any anabolic steroid, natural hormone or synthetic growth hormone) as part of my training during the past thirty six months, nor have I used prescription diuretics or psychomotor stimulants during the seven days prior to this meet.

Signature in full Powerlifter _____



Hilton

San Antonio Airport

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San Antonio Texas 78216
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**2010 USA POWERLIFTING
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/BENCHPRESS CHAMPIONSHIPS
SATURDAY, MARCH 20, 2010**

\$89.00
per night plus applicable taxes

Breakfast, Parking, and Wireless Internet Included.

*breakfast based on single/double occupancy, \$99.00 for triple/quad, valet parking is an additional fee.

Please Reference Group code: AOA for group discount.



Proud to Serve, Those That Serve.