



USA Powerlifting National Governing Body Meeting Minutes

6:00pm
Friday, July 13th, 2007
St. Louis, Missouri

1) Roll call of voting members and credential check of participants

2) Reading of Minutes from NGB 2006

Minutes from the 2005 NGB approved by voting membership

3) President's Report

Larry Maile, PhD

Membership

- 2006 slightly down by 82-83 lifters,
- We made some investments in our membership with the newsletter, securing Arnold, international affiliates and the infrastructure of the organization
- We are beginning to see payoffs this year.
- 220 members over last year at this time! We are looking more like USAPL of several years ago!

Special Thanks

- To all of our volunteers!
- Johnny, who goes everywhere and does everything.
- Geoff for keeping us on track and telling us what we need to do to keep us in the black!
- Dan Gaudreau for getting the coaching certification program up and running this year. 1st ones held this year. Coaches can receive club to international level certification.
- Rob Keller for work in our international community in an effort that started 5 years ago. NAPF region is second only to Europe in terms of numbers. We are part of a great region where people are genuine friends. Thanks Rob!

Legal

- Lawsuit in Michigan was dismissed. We now have new releases in meet promoters packets. Please be sure as spotters/loaders/referees/meet directors to have these signed before the start of a meet to protect yourselves and USAPL.

Marketing

- Lance, Erin and Priscilla have been working on our marketing program.

- We are seeing our merchandise everywhere and at all of our meets!
- This is doing a good job of getting our name out.

Arnold Fitness Expo

- Is a 5 day event with more athletes than the Olympics.
- This gives us the opportunity to extend drug free ethic to everyone
- Arnold is representative of the success of our organization.
- Our ad hoc committee consists of Rick Fowler, Rob Keller, Brad Gillingham, Priscilla Ribic, Lance Slaughter, Geoff Plante, Johnny Graham, Larry Maile and Sherman Ledford. Multiple phases and aspects are being worked on to meet management and production goals.
- Going to cost us around \$50,000. We have an opportunity to make money at it. We already have some sponsors on board and others we are pursuing. We have raised the bar high for the athletes participating.
- Drug testing will be the same as at the World Games and are sharing with USA Olympic Weightlifting.
- Check the website how the competitions will run.

IPF

- This is an IPF election year. The administration has been the same for the last 8 years.
- Have to opportunity to change some of the personal. Mr. Yoshita from Japan here this weekend, investigating how we might best accomplish a change of administration. We would like to support him in that. We are hoping for a kinder and gentler lifter environment
- Also hope to work on strengthening drug testing in the IPF.

4) Vice President's Report

Johnny Graham

- First, I want to give a special thanks to all the members for supporting me and this GREAT organization during the past 4 years. I look forward to the continue growth and support of the members in the next 3 years. Without a doubt, we have shown to the others, that we are the BEST.
- During the past year since the last NGB meeting, USA Powerlifting has taken on new challenges and we are ready to step up to the plate. It is a continuing learning experience. This learning experience has also given me the chance to go to many USAPL events around the Country and the World, watching the best drugfree Men and Women compete. As I have said before, every event, I learn something new, from watching the best Lifters and coaches in the world prepare our teams for the next big show. I have watched so many of our young lifters compete on the big stage with our best open lifters, and even win, showing more proof that we are continuing to grow in this sport. And let us not forget some of the best Master lifters in the Country, that also has the ability, and they have shown this, that they are capable of holding their own with our best. This is proof that the future of our organization is improving everyday.
- Every year, we run into more things that we can fix. During the past year, we have fixed many problems. And this is because of the GREAT help of our volunteers. Two of these things are our records and drug testing operations. This success is from our loyal members that work their butts off to make us the best, and what Gina Stepleton and George Bartotti have done to improve these operations. We must always give more respect to the many people we have doing great things, for nothing, but the joy in seeing us succeed.

- First, and foremost, we still need to improve our membership. All state chairs must get out an continue to inform the members, teams, gyms, about our organization. Our High School membership has continued to grow at unbelievable levels, but we must work to keep these lifters after they leave school. And we can do this by having a program that they see will support them in the future.
- We have to get ALL of our officials on the same standards of performance. Our National and International Officials, have been the subject of many debates. Training is needed to insure that the standards are followed, and not just what they feel is the correct call. With the new rule changes during the past year, this has caused many problems. This is not just here in USAPL, but around the World. But if we do it right here, our lifters will be successful abroad.
- The people bidding for National meets are continuing to grow. New blood is always needed. We also have some old faces coming back to us. This will be a big plus for us. Having more of a choice of meets will bring more lifters to us. This is also meant for state meets to, with many meets that have been held in the same places for years, getting a new facelift. We also have had new faces taking over as State chairs, and once again, Thanks for your efforts. I'm sure, from the many phone calls I have received, you didn't know what you were getting yourself into, but ALL have stood up and taken charge, and because of that, our states are getting better leadership. With this said, we must also insure that our events are done with the highest standards, and meet directors CANNOT shortchange the lifters for profit.
- I want to give a big thanks to the members of the Executive Committee who have continued to improve their accessibility to the Members. The members knowing that they have a voice to the EC makes it easier for all of us.
- So many people do great things for USAPL, and most people don't recognize it. I want to see that this is not overlooked. I know that some of them don't want their names put out there, but I guess you can blame me. I can't count the times that Priscilla Ribic has stepped up and taken many jobs and run with it. Her untiring efforts go unrecognized, but to the EC, we are very grateful for your support, knowledge, and ability to get things done, and done with the highest level of professionalism. For years, we have been trying to get a Coaches Certification process in the works. We now have one. Dan Gaudreau has taken this ball, and scored with it. His first class was conducted during the Collegiate Nationals, and we had coaches from all levels attending this course. I highly advised all coaches interested in being coaches of our International teams to attend this program. And don't forget, that these volunteers have jobs and lives outside of Powerlifting, input, and the support of many volunteers running our booths at National Meets, we are once again on the road to new sales. It gives me great joy as I watch Kendra Miller and others take the time to help run our booths. This is what the foundation of this organization is about, many hard working volunteers.
- The Coaching Staff of our World Teams showed the world why we are the best at what we do. All of our World teams did great jobs at World championships. I want to personally thank Gina Stepleton, and Lanette Lopez for the job they did as Coaches for

our Master's World Team. They worked tirelessly in having the most successful Masters team in USAPL. This team won ALL 5 World Team titles, and every age group, Outstanding Lifter awards was given to USA lifters. Our Women World Teams also took home the Golds in the Open, and Benchpress worlds. With all of these Coaches untiring leadership, our teams were given their highest level of support and effort. But we also can't forget what it takes to get these teams prepared for an International event. The work involved before we get there, those are the real unsung heroes. Jennifer Thompson, Priscilla Ribic, James Townsend, Robert Keller, Gina Stepelton, and many other team managers, THANK YOU.

- Lets make no mistake about it, we are the BEST Powerlifting in the Country, and for almost 30 years, we have shown this to the rest. With the continued support of all the members, we will continue to lead the way.
- Some of the changes we have made, not all may agree, but we make them to make us the best. We make them to make you the members, the best. We make them to insure our continued success. We make them insure that our lifters are getting the best leadership possible. We have many challenges ahead of us, and we must meet these challenges together. We do them because we are the BEST.

5) Treasurer's Report

See: 2007 Treasurer's Report

6) Committee Reports

- a) Coaching – Johnny Graham
 - Dan Gaudreau is in charge of our new coaching certification. Keep an eye on the website for future locations and dates for the clinics.
 - World team coaches are now being selected every 3 years (unless relieved by the coaching committee). This way we won't have to worry about a change every year. Coaches will continue to be selected by coaching committee.
 - Emphasize standard for coaches; we need to be sure we are representing USA and USAPL with the utmost professionalism and customer service.
- b) Collegiate – Jon Magendie
 - This year's collegiate nationals was held in Killeen, TX and was a big success!
 - LSU Men's and Women's teams took the team titles.
 - Scholarship program - This year able to give out 2. The committee appreciates all donations. Thank you to Johnny Graham and Joe and Cathy Markstenier.
 - Next year's meet will be held in Denver, CO and 2009 in Baton Rouge, LA.
- c) Disabled Athletes – Dale DeCamp
 - No Report
- d) Drug Education – vacant
 - Entertaining applicants – please contact an EC member if you are interested
- e) Drug Testing Committee – George Bartotti and Tod Miller
 - 683 tests done this year; 644 negative.
 - In Meet Tests 654; OMT 29.
 - We have been working with Quest Diagnostics and several failures are for designer drugs, which shows the pursuit of new steroids (5 failures in last calendar year)

- We are currently negotiating with WADA testing labs to begin doing more WADA testing.
 - OMT – Need more volunteers in regions. PLEASE LET US KNOW! Right now we are sending paper work out and giving lifters 24 hours to report to a lab.
 - Regina has been working hard on the drug testing data base up to date. Data includes tests since March 2003 to present. Log on and see who has been tested and how many times.
- f) Finance and Ethics (vacant)
- Looking for an individual with finance background.
- g) Law and Legislation – Lucian Gillis
- Nothing to report at this time
- h) Master's – Johnny Graham
- In 2006 filled 50 slots. Team coaches were Lanette Lopez and Gina Stepelton
 - Team won all 5 categories with a clean sweep!
 - Over 200 lifters in Miami, FL expected for 2008
 - 2008 Master Worlds in Palm Springs, CA!
 - 2009 Master's to be held in ST. Louis.
- i) Military – Lanette Lopez –
- 2007 Military Nationals was held in Tuscon, AZ by a first time meet director who did a Great Job!
 - Only 35 lifters. Low due to what is going on in the worl right now. Please pray for their safety and safe return.
 - 2008 Nationals will be held at the Navel Air Station in Pensacola, FL
 - A question arose as to what we are doing for memberships lapsing for deployed members. A decision was made to waive membership fees for deployed individuals. **Anyone whose membership has lapsed should contact Jhohnny Graham for details.**
- j) Marketing and Publicity – Lance Slaughter
- Merchandising program is going well.
 - More opportunities for the e-store to grow. We need to invite people to the website and create more traffic.
 - Presence with the Arnold sports festival will allow for more merchandising opportunities.
 - Goals of the marketing program:
 - Build awareness about powerlifting and our organization
 - Fundraising program!! We are not-for-profit. It is serving an important purpose to keep our agenda moving forward. Thanks to P, Erin, Geoff, and members e-mailing with new product ideas.
 - We need to be sure we are representing our organization well. The strongest part of our marketing is still a lifter's experience with us.
 - We need to continue to recruit meet directors. Our biggest product is our meets.
 - Need to work on improving spectator participation – part is building a team with the meet directors. Any ideas are welcome!!
- k) Referee's – Bill Clayton
- No Report
- l) Sport's Medicine Committee – Dr. Mike Hartle Appointed by EC.
- m) Technical Committee – Rob Keller
- Would like to commend all the volunteers, meet directors and referees who carry the load and produce great meets at local and state level.

- Congrats to National meet directors for a great year, to Johnny Graham for hosting one of the best world meets ever.
 - Lance Slaughter in conjunction with USAPL will be hosting 2008 World Master's in Palm Springs, CA.
 - Report 1. 2007 rules changes – making adjustments both lifters and referees, IPF certifications –
 - USA has largest group of IPF Referees in the world.
 - Doping control acknowledgment form is now in effect.
 - American and National records up to date. Thank you Gina!
 - IPF referee certification; this is the year to certify. Must have done an IPF meet in the last 4 years. E-mail Rob for details.
 - Safety bars for ER racks – mandatory next year for national meets. The TC will work on specifications for meet directors. (ie for standard bench press that is not a combo rack).
 - Standardization of the bars in effect (IPF rule book)
 - We continue to encourage developmental meets (competitions held at local gym or club to introduce powerlifting to other lifters, Raw becoming more popular)
- n) Teenage/Junior - Joe Lewis (via Tod Miller)
- 2 National meets this year. At high school nationals had 1500 seats 3 platforms with 400 lifters, Teen/Jr Nationals had a record 148 lifters this year. Lifting is superb. The senior lifters are encouraged to come see the younger kids lift and be good role models!
 - The state of affairs among Teen/Junior Powerlifters in the USAPL continues to be positive and a source of continued growth for the organization. The High School National Championships in Alexandria, Louisiana saw close to 400 registered USAPL lifters, and the Teen Juniors in Kalamazoo, Michigan in June saw close to 150 registered USAPL lifters. Many new age group American Records have been set this year. The Sub-junior and the Junior world teams look strong going into international competition in September as well! New high school nationals varsity qualifying totals were set at the teen junior national meet based upon the average of the 10th-place finishes at that meet over the past 5 years. This process will be repeated each year at the conclusion of the high school national meet.
- o) Women's Committee – Gina Stepelton
- The 2007 Women's Nationals was held 16-18 February in Baton Rouge, LA, hosted by Paul Fletcher. Severe winter storms passing through the Midwest and Northeast provided havoc for lifters trying to get to the sunny weather in Baton Rouge. Several lifters were missed as a result of the heavy snowfall. 109 females participated at the competition, competing for spots of various World Teams.
 - The Women's Committee meeting was held on Thursday night. The major outcome from the meeting was to eliminate the Athlete Reps, all non-performing committees, and terminate the Women's EC. We will now be a Women's working committee consisting of 7 members (myself, Priscilla Ribic, Donna Aliminosa, Ruth Welding, Lanette Lopez, Souix-z Hartwig-Gary, and Paula Houston). 2009 meet bids were presented and voted on by the members. Needless to say, warm, sunny Miami presented by Robert Keller won. We are asking the NGB's approval of this meet location.
 - Johnny Graham and Stephanie Whiting were inducted into the Women's Hall of Fame.

- The 2006 Women's Team won the World Title. We are fielding another strong team for the 2007 World Championships in Austria in October. I predict a repeat!
 - The 2008 Women's Nationals will be hosted by Johnny Graham in Killeen, Texas on February 15-17. The Women's Committee Meeting will be held on Thursday night before lifting starts.
- p) Police and Fire – Tim Anderson
- No Report
- q) Discipline – Eric Kuperstien
- Nothing to report at this time
- r) Therapeutic Use Exemption -Dr. Mark W Rodacker
- Apply for a TUE within the USAPL through Dr. Mark W. Rodacker.
 - For IPF or elite lifter pool will need to go through IPF TUE with Bernie Miller.
 - TUE can not be retroactive.
 - The only joint disability that will be granted a TUE is for the elbows. This will require radiological imaging as well as a doctor's examination. Please contact Mark or Bernie with any questions.
 - TUE for anabolic steroids are not allowed under any circumstance. See WADA list for rules regarding corticosteroids.
- 7) Unfinished Business
- NONE

8) Proposed By-law Amendments

a) Submitted by Robb Grisham

Change Article II, Section A., b. which Now says A state powerlifting committee chair and any other officers desired by the state powerlifting committee (USA Powerling registered lifters within the state) shall be elected annually by the state powerlifting committee. **This election shall take place at the annual state USA Powerlifting championships.** The newly elected chair shall preside the day following said election.

Change to:

“The election shall take place every TWO years at the state USA Powerlifting championships.”

Rationale: Changing from one year terms to **two** year terms will allow the state chairman time to set up their program. One year does not give the chairman time to train people to be meet directors, to certify state referees, to talk to high schools and other organizations promoting the USAPL and drug free powerlifting in the state. All other USAPL elected positions are for at least, two years and this change would bring the state chairman position in line with other elected positions

MOTION PASSED

9) New Business – The following motions have been submitted for consideration

a) Submitted by Regina Hackney and Jack Marcus USA POWERLIFTING RULEBOOK June 8, 1998

MOTION TO CHANGE THE WORDING AND REQUIREMENTS FOR TAKING THE NATIONAL REFEREE TEST

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IX USA POWERLIFTING REFEREE TESTING

B. NATIONAL REFEREES. (Change wording or last sentence to read as follows):

These test are evaluated by the appointed member of the Technical/Referee Committee.

The present wording is:

These test are evaluated by the appointed member of the Referee Committee>

1. Requirements the taking the National USA Powerlifting Referees Test.

c. (change wording to read): Candidate must have the approval of the State Chair and the Technical/Referee Committee to take the National Referee Test.

d. Candidate **MUST** be a State Referee for two (@) or more years before taking the National Referees Test.

(please add the following as d. 1.);

1. The candidate must have officiated at six (6) powerlifting meets in the position of platform referee. Included in the six meets will be one session as Chief Referee.

One of the six (6) powerlifting meets shall be out of the candidates registered state. (Exclude Alaska and Hawaii where one extra powerlifting

meet (7) will be required)

By "officiating" it is meant to be a full session of a powerlifting meet. (3 lift contest)

Rational:

Candidates are taking the National Referee Exam with almost no experience as a referee. We have candidates who have refereed twice in two years for a total of experience. This is not enough time spent in a chair, and to be blunt, we are running out of room to hide these people since we don't use them at National Meets for the exact reason of not enough experience. ----- WHAT'S THE POINT???

As far as travel requirements---If a candidate is reluctant to travel even once to officiate at a state meet, why do we need them as a National Referee who must travel all over the USA to officiate.

Regina Second –

Discussion; ;Not everyone wants to travel. If they know the rules why do they need to travel? Will close down the number of referees.

Motion to amend: Void out of state section. Motion passed

MOTION PASSED to Increase requirements to 6 meets.

b) Submitted by Regina Hackney and Jack Marcus

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VII REFEREES

R (page 50) Duties of the Technical Secretary

Last paragraph change. Now reads as follows:

The Technical Secretary will handle all matters pertaining to referee assignments, conduct, disputes, and rule interpretations and will work with the Meet Director, who will have the responsibility for the technical direction of the meet.

Change to Read:

The Technical Secretary will handle all matters pertaining to referee assignments. The Jury will handle conduct, disputes, and rule interpretations and will have the responsibility for the technical direction of the meet.

Please add the following:

R 1. The Technical Secretary will not coach at a meet they are assigned as Technical Secretary nor will they delegate the assignment of Technical Secretary part-time so they can coach at a meet as Technical Secretary.

Rational: At many I have been approached by both lifters and coaches about the Technical Secretary coaching. It presents the appearance of possible biased treatment of some athletes and as officials we should not be put in that position.

Discussion: Would be amending an IPF rule.

MOTION FAILED

c) Submitted by Regina Hackney and Jack Marcus

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THE WORDING AND REQUIREMENTS FOR TAKING THE INTERNATIONAL POWERLIFTING FEDERATION TEST CATEGORY 2

Second:Rob

IX USA POWERLIFTING REFEREE RESTING

C IPF INTERNATIONAL REFEREES (page 57)

- b. 1. Must have officiated as a platform referee six (6) times one of which as Chief Referee at a National Powerlifting Contest. Officiating to mean full session (3 lift)
- c. 1. Must be approved by the Technical/Referee Committee.

Rational: Unqualified persons taking Cat 2 exam with almost no platform experience.

MOTION FAILED

d) Submitted by Regina Hackney

The Drug Committee appoints the Doping Control personal for all National Meets. The Drug Committee holds Training Seminars at all National Meets.

Rational: The Technical Secretary has many other duties and does not have time to check the Drug Custody and Control Forms are filled out completely and correctly. I am not sure we can defend a drug test failure if the forms are not completely and correctly filled out.

MOTION PASSED

e) Submitted by Sherman Ledford

Men's World Team Qualification

We would take the winning Wilkes for each weight class at our USAPL Nationals over the last three years and average that and take 95% to come up with a qualifying Wilkes number. In case of a tie the lifter with the highest placing in his wt class would win. If they both finish the same placing in their respective wt class, the lifter who made the most attempts would win the slot.

MOTION FAILED

f) Submitted by Harold Gaines

Be it resolved that the National Governing Body of USA Powerlifting establish a Raw National Meet. Said contest shall:

1. Consist of all 3 lifts.
2. Require lifters to have a successful total in a USAPL sanctioned meet in the current year or the prior calendar year.
3. Meet USAPL definition for RAW.
4. Be subject to the normal National meet bid process.
5. Be held in a month in 2008 to be determined by the USAPL Governing body.
6. Consist of male and female lifters of all lifting ages.
7. Establish national meet raw records.

MOTION PASSED. The first National Raw Championships awarded to Harold gains for 2008.

g) Submitted by Priscilla Ribic

Proposal: Standardized National Platform Build

Establish a standard build for the National platform, by way of the Technical Committee to determine the best practical materials and build for a solid platform.

Rationale: There are standards to the equipment, weights, the dimensions of the platform, even carpet requirements, but nothing pertaining to what the actual construction of the platform. This has opened up the inconsistencies of the quality of the platform; many times lifters are dealing with a 'soft' platform. Lifters deserve to know what platform conditions to expect when competing at the National level.

MOTION PASSED

h) Submitted by Priscilla Ribic

Proposal: Women's Nationals to be a Bench World qualifier

Allow Women's Nationals to be a qualifier for the Open Bench World team, selecting the highest bench out of both qualifiers.

Rationale: Historically, Bench Nationals has an average of only 20-25 women participate, with approximately 13-18 being Open (or combination of Open/Master) lifters. Opening Women's Nationals as a qualifier would allow the USAPL to have a deeper selection pool for the World Team. These are also the selection meets used for the Master Bench Team.

ADD: Men's nationals as a second qualifier

ADD: Use 3-year capino for alternate pool

Addendum: By Priscilla Ribic and Donovan Thompson

First selection is BP nationals, alternate pool from both meets, use capino

ADDENDUM PASSED

MOTION PASSED

Discussed Prior to Harold Motion:

i) Submitted by Shawn Cain

Change the USAPL's definition of RAW lifting to exclude supportive suits, shirts and knee wraps.

Reason: The use of knee wraps can and do give a lot of pounds to the lifters. It can hardly be called RAW lifting if the lifter is getting up to or more than 100 lbs. added to the lift because of knee wraps

MOTION PASSED

j) Submitted by Shawn Cain

Allow meet directors of sanctioned local or State meets to hold limited gear divisions that restrict supportive gear such as squat/deadlift suits, bench shirts, erector shirts, and knee wraps. The offered division could not be called a RAW division unless the limitations of supportive gear matched the USAPL's official definition of RAW lifting.

Reason: Lifters can get up to 100 lbs or more added to their squats by using knee wraps. This hardly makes it a raw lift. This would also be a division that could be popular in some local areas. It would not hurt the USAPL, and could offer more to our customers.

MOTION WITHDRAWN

10) Elections

- A. Vice President
 - a. Johnny Graham (Incumbent) ELECTED
- B. 2 Executive Committee Positions
 - a. Elliot Feldman - ELECTED
 - b. Paula Houston
 - c. Lance Slaughter (Incumbent) - ELECTED

11) Honorary Awards

- A. Brother Bennet Award
 - a. Rick Fowler - AWARDED
 - b. Dennis 'Niko' Hulslander
- C. Coach of the Year
 - a. Larry Maile - AWARDED
 - b. Don McIrvy
 - c. Gina Stepleton
- D. Referee of the Year
 - a. George Bartotti - AWARDED
 - b. Johnny Graham
 - c. Joe Marksteiner

12) Meet Bids/ Current USAPL Schedule

2007 Meet Schedule

Meet	Host	Location	Date
Women's Nationals	Paul Fletcher	Baton Rouge, LA	February 16-18
High School Nationals	Duane Urbina	Alexandria, LA	March 30- April 1
Collegiate Nationals	Johnny Graham	Killeen, TX	April 13-15
Masters Nationals	Bruce Sullivan	Racine, WI	May 4-6
Teen/Junior Nationals	Tod Miller	Kalamazoo, MI	June 9-10
Men's Nationals	Harold Gaines	St. Louis, MO	July 12-15
Bench Press Nationals*	Dan Gaudreau	Denver, CO	Nov. 17-18
Deadlift Nationals/Push- Pull	Jim Hart	Lincoln, NE	August 11
Military/Armed Forces	John Pena	Tuscon, AZ	March 10

2008 Meet Schedule

Meet	Host	Location	Date
Women's Nationals	Johnny Graham	Killeen, TX	Feb 17 th -19 th
High School Nationals	Tod Miller	Plainwell, MI	April 4-6
Collegiate Nationals	Dan Gaudreau	Denver, CO	April 11-13
Masters Nationals	Robert Keller	Miami, FL	May 2-4
Men/Teen/Junior Nationals	Johhny	Killeen, TX	June 12, 13 th -14 th
RAW Nationals	Harold Gaines	St. Louis, MO	
Bench Press Nationals			
Police & Fire Nationals	Steve Mann	Scranton PA	
Deadlift Nationals/Push- Pull	Dan Gaudreau	Denver, CO	October 18-19
Military/Armed Forces		Pensecola, Fla.	

Beginning 2008 Men's nationals will be held in conjunction with Men's Teen/Jr. Nationals

2009 Meet Schedule

Meet	Host	Location	Date
Women's Nationals	Rob Keller	Miami, FL	
High School Nationals	Johnny Graham	Killeen, TX	
Collegiate Nationals	Paul Fletcher	Baton Rouge, LA	
Masters Nationals	Harold Gaines	St Louis, MO	
Men's/Teen/Junior Nationals	Dan Gaudreau	Denver, CO	
Bench Press Nationals	Gary Kanaga	Columbus, OH	
Police & Fire Nationals			
Deadlift Nationals/Push-Pull	Robert Keller	Miami, FL	
Military/Armed Forces			

Open Meet Bids:

2009 Deadlift and Push/Pull Nationals

Rob Keller – Miami, FL - AWARDED

John Shifflett and Will Morris - Charlottesville, Virginia

2009 Bench Press Nationals

Rob Keller – Maimi, FL

John Shifflett and Will Morris - Charlottesville, Virginia

Gary Kanaga – Columbus, Ohio - AWARDED

2009 Men's Nationals

Rob Keller – Philadelphia, PA - Withdrawn

13) Items from the floor

Jon Magendie

Motion to allow eligibility for Coligate lifters until 26th birthday. This will add a year to colligate eligibility.

MOTION PASSED

Angela Simmons

Motion to change Master's 5 year age categories to M1a (40-44) M1b (45-49) etc., to avoid confusion with IPF categories.

MOTION PASSED

Priscilla Ribic

Motion for committee reports to be given to the secretary in writing (electronic) 30 days prior to the NGB for inclusion in the NGB materials. This way committees can give abbreviated reports.

MOTION PASSED

Respectfully Submitted,
Erin Dickey
USA Powerlifting Secretary
usaplsec@gmail.com