

**2007 USAPL Lifter Rankings**  
**Women's Teen 18-19**

<b>Squat</b>			<b>Bench Press</b>			<b>Dealift</b>			<b>Total</b>		
<b>96</b>											
1	Alesha Summers	215	1	Alesha Summers	116	1	Alesha Summers	248	1	Alesha Summers	579
2	Katy Christensen	170	2	Katy Christensen	75	2	Katy Christensen	205	2	Katy Christensen	450
<b>105</b>											
1	Calli Rae Blaschke	254	1	Calli Rae Blaschke	127	1	Calli Rae Blaschke	270	1	Calli Rae Blaschke	650
2	Hannah Stavinoha	215	2	Kayla Paff	127	2	Kayla Paff	248	2	Kayla Paff	573
3	Kayla Paff	198	3	Hannah Stavinoha	116	3	Hannah Stavinoha	237	3	Hannah Stavinoha	568
4	Aurora Bonnell	193	4	Kassandra Balli	90	4	Aurora Bonnell	231	4	Kassandra Balli	510
5	Kassandra Balli	190	5	Aurora Bonnell	83	5	Kassandra Balli	230	5	Aurora Bonnell	502
6	Sarah Nyberg	160	6	Sarah Nyberg	77	6	Sarah Nyberg	182	6	Sarah Nyberg	419
<b>114</b>											
1	Megan Williams	290	1	Megan Williams	154	1	Megan Williams	281	1	Megan Williams	711
2	Sara Beeke	254	2	Sara Beeke	143	2	Sara Beeke	276	2	Sara Beeke	667
3	Melissa Werner	237	3	Melissa Werner	127	3	Kaelsey Pryor	276	3	Kaelsey Pryor	617
4	Kaelsey Pryor	226	4	Kaelsey Pryor	116	4	Lupe Florez	254	4	Melissa Werner	590
5	Lupe Florez	226	5	Ashlee Sikes	100	5	Robin Friedman	231	5	Lupe Florez	579
6	Jessica Nelson	176	6	Lupe Florez	99	6	Melissa Werner	226	6	Jessica Nelson	480
7	Ashlee Sikes	160	7	Jessica Nelson	99	7	Ashlee Sikes	205	7	Ashlee Sikes	465
8	Robin Friedman	127	8	Robin Friedman	99	8	Jessica Nelson	204	8	Robin Friedman	457
<b>123</b>											
1	Katie Van Dusen	358	1	Katie Van Dusen	209	1	Katie Van Dusen	353	1	Katie Van Dusen	915
2	Samantha Baker	287	2	Jackie Nieland	171	2	Samantha Baker	325	2	Samantha Baker	744
3	Lauren Nelson	260	3	CheyLee Lyman	149	3	CheyLee Lyman	292	3	CheyLee Lyman	694
4	CheyLee Lyman	254	4	Samantha Baker	132	4	Lauren Nelson	275	4	Lauren Nelson	640
5	Jackie Nieland	231	5	Cydney Chasky	110	5	Jackie Nieland	265	5	Jackie Nieland	634
6	Lupe Flores	225	6	Lauren Nelson	105	6	Lupe Flores	260	6	Courtney Sklar	584
7	Courtney Sklar	220	7	Courtney Sklar	105	7	Courtney Sklar	259	7	Lupe Flores	560
8	Vanessa Herold	190	8	Vanessa Herold	90	8	Vanessa Herold	220	8	Vanessa Herold	500
9	Cydney Chasky	143	9	Lupe Flores	75	9	Cydney Chasky	198	9	Cydney Chasky	480
<b>132</b>											
1	Katie Van Dusen	360	1	Suzanne Salinas	187	1	Katie Van Dusen	370	1	Katie Van Dusen	890
2	Suzanne Salinas	331	2	Michelle Youngblood	187	2	Markita Cyriaque	364	2	Renee Kutchera	843
3	Renee Kutchera	325	3	Katie Van Dusen	160	3	Renee Kutchera	358	3	Suzanne Salinas	827
4	Samantha Baker	315	4	Renee Kutchera	160	4	Suzanne Salinas	331	4	Markita Cyriaque	788
5	Markita Cyriaque	281	5	Markita Cyriaque	143	5	Samantha Baker	315	5	Samantha Baker	770
6	Michelle Youngblood	276	6	Samantha Baker	140	6	Samantha Villaweal	314	6	Michelle Youngblood	705
7	Samantha Villaweal	248	7	Samantha Villaweal	132	7	Michelle Youngblood	270	7	Samantha Villaweal	694
8	Brittney Barbieri	171	8	Brittney Barbieri	88	8	Brittney Barbieri	204	8	Brittney Barbieri	463
<b>148</b>											
1	Lena Watson	386	1	Pamela Bartz	209	1	Lena Watson	397	1	Lena Watson	987
2	Meagan Chappell	358	2	Lena Watson	204	2	Meagan Chappell	369	2	Meagan Chappell	915
3	Pamela Bartz	342	3	Meagan Chappell	182	3	Pamela Bartz	364	3	Pamela Bartz	915
4	Renee Kutchera	310	4	Elissa Parker	182	4	Renee Kutchera	330	4	Elizabeth Aldridge	794
5	Elizabeth Aldridge	303	5	Elizabeth Aldridge	176	5	Elizabeth Aldridge	314	5	Renee Kutchera	775
6	Krystal Hellerud	300	6	Rebekka Bryant	165	6	Dana Van Elzen	310	6	Elissa Parker	750
7	Elissa Parker	298	7	Krystal Hellerud	145	7	Tiff Daley	310	7	Rebekka Bryant	745
8	Rebekka Bryant	280	8	Renee Kutchera	135	8	Alisha Koxlien	305	8	Alisha Koxlien	710
9	Alisha Koxlien	275	9	Alisha Koxlien	130	9	Elissa Parker	303	9	Krystal Hellerud	710
10	Dana Van Elzen	275	10	Alison McWeeny	121	10	Rebekka Bryant	300	10	Dana Van Elzen	695
11	Tiff Daley	230	11	Amy Mizell	116	11	Sara Anna Zorzato	287	11	Tiff Daley	640
12	Kelly Dormer	226	12	Kelly Dormer	116	12	Alison McWeeny	276	12	Alison McWeeny	617
13	Alison McWeeny	220	13	Chelsi Mundy	116	13	Krystal Hellerud	265	13	Amy Mizell	590
14	Chelsi Mundy	220	14	Dana Van Elzen	110	14	Veronica Recio	260	14	Kelly Dormer	590
15	Amy Mizell	215	15	Tiff Daley	100	15	Amy Mizell	259	15	Sara Anna Zorzato	584
16	Sara Anna Zorzato	209	16	Veronica Recio	95	16	Kelly Dormer	248	16	Chelsi Mundy	562
17	Veronica Recio	205	17	Sara Anna Zorzato	88	17	Chelsi Mundy	226	17	Veronica Recio	560
18	Laura Bundren	127	18	Laura Bundren	88	18	Laura Bundren	171	18	Laura Bundren	386
<b>165</b>											
1	Lena Watson	397	1	Louis Bianchi	254	1	Lena Watson	375	1	Lena Watson	970
2	Stacy Bolwerk	342	2	Lena Watson	198	2	Louis Bianchi	364	2	Louis Bianchi	915
3	Danika Reaney	314	3	Stacy Bolwerk	165	3	Danika Reaney	336	3	Stacy Bolwerk	810

4	Sarah Lang	300	4	Danika Reaney	149	4	Sarah Lang	335	4	Danika Reaney	799
5	Anna Jamrozek	287	5	Brianna Egbuka	149	5	Stacy Bolwerk	303	5	Sarah Lang	760
6	Daniell Halverson	250	6	Anna Jamrozek	143	6	Anna Jamrozek	281	6	Anna Jamrozek	711
7	Brianna Egbuka	243	7	Yolanda Bolen	138	7	Yolanda Bolen	265	7	Brianna Egbuka	650
8	Louis Bianchi	237	8	Sarah Lang	125	8	Brianna Egbuka	259	8	Yolanda Bolen	634
9	Yolanda Bolen	231	9	Daniell Halverson	105	9	Daniell Halverson	245	9	Daniell Halverson	600

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1	Daliann James	407	1	Tiffany McKinney	276	1	Daliann James	496	1	Daliann James	1123
2	Ashleigh Kellis-Carr	402	2	Daliann James	220	2	Monica Millet	408	2	Monica Millet	1003
3	Monica Millet	375	3	Monica Millet	220	3	Ashleigh Kellis-Carr	375	3	Tiffany McKinney	1003
4	Tiffany McKinney	375	4	Ashleigh Kellis-Carr	204	4	Yomeida Sanchez	369	4	Ashleigh Kellis-Carr	981
5	Yomeida Sanchez	375	5	Yomeida Sanchez	171	5	Tiffany McKinney	353	5	Yomeida Sanchez	915
6	Kimmarie Giebel	310	6	Kimmarie Giebel	155	6	Kimmarie Giebel	330	6	Kimmarie Giebel	795

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1	Bonica Brown	485	1	Bonica Brown	303	1	Bonica Brown	502	1	Bonica Brown	1284
2	Vanessa Gauthier	364	2	Andrea Hoguein	209	2	Brenda Cu	340	2	Vanessa Gauthier	904
3	Tamara Maloun	358	3	Vanessa Gauthier	204	3	Vanessa Gauthier	336	3	Tamara Maloun	871
4	Dawn Sol	350	4	Tamara Maloun	198	4	Dawn Sol	335	4	Brenda Cu	865
5	Brenda Cu	340	5	Brenda Cu	185	5	Savannah Padierna	325	5	Andrea Hoguein	853
6	Andrea Hoguein	336	6	Dawn Sol	165	6	Tamara Maloun	314	6	Dawn Sol	850
7	Savannah Padierna	292	7	Savannah Padierna	165	7	Andrea Hoguein	308	7	Savannah Padierna	783
8	Melisa Scott	270	8	Melisa Scott	145	8	Melisa Scott	300	8	Melisa Scott	715
9	Jessica Oliphant	250	9	Jessica Oliphant	125	9	Jessica Oliphant	275	9	Jessica Oliphant	650

**SHW**

1	Lana Allen	468	1	Lana Allen	314	1	Lana Allen	386	1	Lana Allen	1168
2	Savannah Rosales	452	2	Savannah Myers	214	2	Savannah Rosales	364	2	Savannah Rosales	1020
3	Angelnette Lee	419	3	Savannah Rosales	204	3	Angelnette Lee	358	3	Angelnette Lee	953
4	Barb Dobratz	370	4	Barb Dobratz	190	4	Hannah Gaylor	353	4	Lauren Harrison-Ware	893
5	Lauren Harrison-Ware	369	5	Lauren Harrison-Ware	187	5	Lauren Harrison-Ware	336	5	Barb Dobratz	890
6	Hannah Gaylor	353	6	Hannah Gaylor	182	6	Barb Dobratz	330	6	Hannah Gaylor	887
7	Ashley Lizak	285	7	Angelnette Lee	176	7	Charlene Green	292	7	Savannah Myers	743
8	Savannah Myers	281	8	Charlene Green	154	8	Ashley Lizak	290	8	Ashley Lizak	700
9	Charlene Green	237	9	Ashley Lizak	125	9	Savannah Myers	248	9	Charlene Green	683