

**North American Powerlifting Championships**  
**International Powerlifting Federation Championships**  
**10<sup>th</sup> IPF/NAPF North American Regional Bench Press Championships**  
**Ponce Plaza Hotel and Casino: Ponce, Puerto Rico**  
**November 19-21, 2015**  
**Last Revision: Monday, November 16, 2015**

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**TO: All Nominated Referees**  
**FROM: Robert Keller / Bill Clayton**

**DATE: November 1, 2015**

**SUBJECT: Referee/Staff Schedule – 2015 NAPF Bench Press Championships**

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Thank you in advance for volunteering to referee and assist in the direction of the 11<sup>th</sup> IPF/NAPF North American Regional Bench Press Championships that will be held at the Ponce Plaza Hotel and Casino, in Ponce, Puerto Rico. Enclosed, you will find the Referee/Staff Schedule for the competition.

Mr. Bill Clayton shall serve as the Technical Secretary for the championship. Any questions or changes to the competition referee schedule, please contact Bill Clayton directly at either [claytonw@ptd.net](mailto:claytonw@ptd.net) or by phone at: 908.496.4172

All referees should wear their winter attire, which includes the following:

**Men - Dark Blue Blazer with appropriate IPF/USAPL badge on the left breast pocket. Gray Trousers with a White Shirt and appropriate IPF/USAPL tie, with black shoes. Please, NO sandals or sneakers.**

**Women - Dark Blue Blazer with appropriate IPF/USAPL badge on the breast pocket. Gray Trousers or skirt with a White Shirt and appropriate IPF/USAPL scarf or tie, with black shoes. Please, NO sandals or sneakers.**

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| <p><b>If you are not able to work a session or assignment, please let me know right away so that we can find a replacement.</b></p> |
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On a final note, I would like to thank each of personally for your continued support of the International Powerlifting Federation and the North American Regional Powerlifting Federation. Most importantly, I look forward to working with each of you at the championship.

I look forward to both seeing and working with you in Ponce.

Sincere regards,

*Robert Keller*

**Robert Keller**  
Championship Secretary  
North American Powerlifting Federation

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**NOMINATED REFEREES & STAFF MEMBERS**

| <b>Referee</b>   | <b>Category</b> | <b>State</b> | <b>Sessions Available</b> |
|------------------|-----------------|--------------|---------------------------|
| Robert Keller    | IPF Cat I       | USA          | All                       |
| Bill Clayton     | IPF Cat I       | USA          | All – Technical Secretary |
| Onix Rivera      | IPF Cat I       | Puerto Rico  | All                       |
| Robert Massey    | IPF Cat II      | USVI         | All                       |
| Ivan Cancel      | IPF Cat II      | Puerto Rico  | Reserve                   |
| Alex Alvarado    | IPF Cat II      | Puerto Rico  | Saturday                  |
| Joan Baez        | IPF Cat II      | Puerto Rico  | Sunday                    |
| Don McElravy     | IPF Cat II      | USA          | All – DCO                 |
| Ladys Burgos     | National        | Puerto Rico  | All                       |
| Juliana Rivera   | National        | Puerto Rico  | All                       |
| Ivan Adams       | National        | Puerto Rico  | Saturday Only             |
| Eugene Biancheri | Staff           | USA          | All                       |
| Trey Cunningham  | Staff           | USA          | All                       |

**Finalized Timetable of Events**

| <b>Day</b>          | <b>Event</b>                                             | <b>Start</b>                   | <b>End</b>   |              |              |               |                  |
|---------------------|----------------------------------------------------------|--------------------------------|--------------|--------------|--------------|---------------|------------------|
| <b>Nov 18, 2015</b> | <b>Accreditation</b>                                     | <b>09:00</b>                   | <b>17:00</b> |              |              |               |                  |
| <b>Nov 19, 2015</b> | <b>Accreditation</b>                                     | <b>09:00</b>                   | <b>17:00</b> |              |              |               |                  |
|                     | <b>Technical Meeting</b>                                 | <b>18:00</b>                   | <b>18:30</b> |              |              |               |                  |
|                     | <b>Coaches Meeting</b>                                   | <b>18:30</b>                   | <b>18:45</b> |              |              |               |                  |
|                     | <b>Referee Meeting</b>                                   | <b>18:45</b>                   | <b>19:00</b> |              |              |               |                  |
| <b>Nov 20, 2015</b> | <b>Opening Ceremony @ Venue</b>                          | <b>10:00</b>                   | <b>10:30</b> |              |              |               |                  |
| <b>Day</b>          | <b>Weigh-in Time</b>                                     | <b>Classes</b>                 |              | <b>Start</b> | <b>End</b>   | <b>Flight</b> | <b># lifters</b> |
| <b>Nov 20, 2015</b> | <b>11:00 – 12:30</b>                                     | <b>All Women 43kg to 63kg</b>  |              | <b>13:00</b> | <b>15:00</b> | <b>A</b>      | <b>12</b>        |
|                     | <b>11:00 – 12:30</b>                                     | <b>All Women 72kg to 84+kg</b> |              |              |              | <b>B</b>      | <b>11</b>        |
|                     | <b>11:00 – 12:30</b>                                     | <b>All Men 53kg to 66kg</b>    |              |              |              | <b>C</b>      | <b>11</b>        |
|                     | <b>11:00 – 12:30</b>                                     | <b>All Men 74kg to 83kg</b>    |              |              |              | <b>D</b>      | <b>17</b>        |
|                     | <b>Awards Ceremony</b>                                   |                                |              | <b>15:00</b> | <b>16:00</b> |               |                  |
| <b>Nov 21, 2015</b> | <b>10:00 – 11:30</b>                                     | <b>All Men 93kg to 105kg</b>   |              | <b>12:00</b> | <b>14:00</b> | <b>A</b>      | <b>14</b>        |
|                     | <b>10:00 – 11:30</b>                                     | <b>All Men 120 to 120+kg</b>   |              |              |              | <b>B</b>      | <b>11</b>        |
|                     | <b>Award Ceremony</b>                                    |                                |              | <b>14:00</b> | <b>15:00</b> |               |                  |
|                     | <b>Farewell Banquet – Ponce Plaza Hotel &amp; Casino</b> |                                |              | <b>19:00</b> | <b>21:00</b> |               |                  |
| <b>Nov 22, 2015</b> | <b>Sightseeing Tours</b>                                 |                                |              | <b>09:00</b> | <b>17:00</b> |               |                  |
| <b>Nov 23, 2015</b> | <b>Departure of Delegations</b>                          |                                |              | <b>07:00</b> | <b>17:00</b> |               |                  |

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**SESSION I: NOVEMBER 20, 2015**

**Friday, November 20, 2015 / Weigh-in: 11:00 – 12:30Pm: Lifting 1:00pm**

| Assignment                              | Name                                |
|-----------------------------------------|-------------------------------------|
| Weigh-in⊗(11:00-12:30pm) Lifting:1:00pm | D. McElravy / R. Massey / L. Burgos |
| Equipment Check:                        | Alex Alvarado                       |
| <b>Chief Referee:</b>                   | Don McElravy (USA)                  |
| Side Referee:                           | Alex Alvarado (Puerto Rico)         |
| Side Referee:                           | Robert Massey (USVI)                |
| Technical Controller                    | TBD                                 |
| <b>Chief of the Jury:</b>               | Robert Keller (USA)                 |
| Jury Member                             | Bill Clayton (USA)                  |
| Jury Member                             | Onix Rivera (Puerto Rico)           |
| Announcer:                              | Geno Biancheri                      |
| Scoring Manager:                        | Ladys Burgos                        |
| Expeditor:                              | Juliana Rivera                      |
| Drug-testing:                           | Don McElravy / Robert Keller        |
| Award Marshal:                          | Robert Massey / Alex Alvarado       |
| Award Presenters:                       | Robert Keller                       |
| World / Regional Records:               | Robert Keller / Ivan Cancel         |
| Live Stream                             | Trey Cunningham                     |

**SESSION II: WEDNESDAY, JULY 08, 2015**

**Saturday, November 21, 2015 / Weigh-in: 10:00 – 11:30am: Lifting 12:00pm**

| Assignment                                  | Name                          |
|---------------------------------------------|-------------------------------|
| Weigh-in⊗(10:00am-11:30am) Lifting: 12:00pm | Don McElravy / Robert Massey  |
| Equipment Check:                            | Alex Alvarado                 |
| <b>Chief Referee:</b>                       | Don McElravy (USA)            |
| Side Referee:                               | Joan Baez (Puerto Rico)       |
| Side Referee:                               | Robert Massey (USVI)          |
| Technical Controller                        | Ivan Adams (Puerto Rico)      |
| <b>Chief of the Jury:</b>                   | Robert Keller (USA)           |
| Jury Member                                 | Bill Clayton (USA)            |
| Jury Member                                 | Onix Rivera (Puerto Rico)     |
| Announcer:                                  | Geno Biancheri                |
| Scoring Manager:                            | Ladys Burgos                  |
| Expeditor:                                  | Juliana Rivera                |
| Drug-testing DCO / Chaperone:               | Don McElravy / Robert Keller  |
| Award Marshal:                              | Robert Massey / Alex Alvarado |
| Award Presenter:                            | Robert Keller                 |
| World / Regional Records:                   | Robert Keller / Ivan Cancel   |
| Live Stream                                 | Trey Cunningham               |

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