

16th Annual NAPF/FESUPO Pan-American Powerlifting Championships
15th Annual NAPF North American Regional Powerlifting Championships
32nd Annual FESUPO South American Powerlifting Championships
July 3 – 8, 2017 – Orlando, Florida, USA
Preliminary Nominations – May 08, 2017

Pan-American Championships Raw / Classic Divisions

	Last, First Name / YOB	Nation	Squat	Bench press	Deadlift	Total
Women Open Raw/Classic						
- 47 kg						
1	Reina, Ramírez / 1996	ECUADOR	105	60	135	300
2	Lai, Simone / 1991	CANADA	115	55	125	295
3	Rodriguez, Ariana / 1987	COSTA RICA	95	55	90	240
4	Mack, Britney / 1999	GUYANA	95	40	102.5	237.5
- 52 kg						
1	Vick, Allison / 1994	USA	125	67.5	162.5	355
2	Moreno, Adriana / 1976	COSTA RICA	120	60	125	305
3	Reyes, Jessica / 1984	MEXICO	100	70	120	295
4	Sookram, Lutchmi / 1997	TRINIDAD AND TOBAGO	87.5	45	130	262.5
5	Cywiak, Daniela / 1996	MEXICO	77.5	45	117.5	240
6	Jiminez, Marlen / 1978	US VIRGIN ISLANDS	70	55	95	220
- 57 kg						
1	Monserrate, Kenia / 1991	ECUADOR	160	90	180	430
2	Ochoa, Vilma / 1980	ECUADOR	147.5	87.5	180	415
3	Hexter, Melissa / 1994	USA	125	88	142.5	355.5
4	Saavedra, Faridi / 1991	MEXICO	132.5	60	140	332.5
5	Acosta, Loreana / 1986	COSTA RICA	125	65	140	330
6	Renee, Nadia / 1983	TRINIDAD AND TOBAGO	120	60	130	310
7	Nivet, Jerneil / 1988	TRINIDAD AND TOBAGO	115	57.5	125	297.5
8	Toney, Tineisha / 1999	GUYANA	110	45	137.5	292.5
9	Adorno, Taisha / 1989	PUERTO RICO	110	42.5	145	292.5
10	Guerrero, Silvia / 1997	COSTA RICA	80	50	105	235
- 63 kg						
1	Castro, Rosa / 1979	ECUADOR	182.5	97.5	182.5	462.5
2	Terrana, Natalie / 1987	USA	163	82.5	195	440.5
3	Jativa, Mery / 1992	ECUADOR	150	80	155	385
4	Campos, Karina / 1978	COSTA RICA	70	90	160	320
5	Smith, Andrea / 1984	GUYANA	115	57.5	142.5	315
6	La Grande, Jennifer / 1966	CAYMAN ISLANDS	80	60	100	240

- 72 kg

1	Abrams, Stephanie / 1986	PUERTO RICO	140	70	175	385
2	Gopaul, Dakoda / 1996	TRINIDAD AND TOBAGO	145	72.5	155	372.5
3	Rowan, Mallory / 1993	CANADA	142.5	75	152.5	370
4	Briceño, Andrea / 1984	COSTA RICA	142.5	60	140	342.5
5	Taharally, Nadina / 1973	GUYANA	122.5	67.5	142.5	332.5
6	Solís, Ediliana / 1986	PUERTO RICO	125	60	140	325
7	Zambrano, Paula / 1997	ECUADOR	115	67.5	130	312.5
R	Del Valle, Gabriela / 1998	PUERTO RICO	110	55	115	280
9	Andrews, Syanna / 1992	TRINIDAD AND TOBAGO	85	77.5	102.5	265

- 84 kg

1	Yolande, McIntyre / 1981	TRINIDAD AND TOBAGO	142.5	77.5	167.5	387.5
2	Hernández, Karolina / 1995	COSTA RICA	120	85	150	355
3	Armas, Salomé / 1998	ECUADOR	122.5	77.5	132.5	337.5

84+ kg

1	Torres, Grecia / 1988	MEXICO	215	115	235	565
2	Said, Aneesa / 1994	USA	175	80	197.5	452.5
3	Harold, Kristen / 1996	USA	150	72.5	202.5	425
4	Báez, Joan / 1986	PUERTO RICO	153	90	162.5	405.5
5	Reitmann, Judith / 1967	URUGUAY	180	100	180	380
6	Hellmer, Shauri / 1997	MEXICO	150	50	120	320
7	Mills, Courtney / 1983	US VIRGIN ISLANDS	100	55	137.5	292.5

There are 45 lifters participating (there are 1 lifters in Reserve)

Women Sub Junior Raw/Classic**- 47 kg**

1	Mack, Britney / 1999	GUYANA	95	40	102.5	237.5
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- 52 kg

1	Stafslie-Dumale, Mari / 2002	USA	80	45	117.5	242.5
2	King, Grace / 2000	USA	75	55	107.5	237.5
3	Bunces, Silvia / 1999	ECUADOR	80	42.5	110	232.5

- 57 kg

1	Gardner, Emily / 2000	USA	137.5	80	135	352.5
2	Toney, Tineisha / 1999	GUYANA	160	55	150	292.5

- 63 kg

1	Kutin, Naomi / 2001	USA	135	55	157.5	347.5
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- 72 kg

1	Barr, Lexxie / 1999	USA	147.5	62.5	160	370
2	Saunders, Abigail / 2000	USA	112.5	47.5	142.5	302.5

- 84 kg

1	Stafslie-Dumale, Abbi / 2000	USA	162.5	75	170	407.5
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84+ kg

1	Rueter, Miranda / 2000	USA	145	87.5	152.5	385
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There are 11 lifters participating (there are 0 lifters in Reserve)

Women Junior Raw/Classic**- 47 kg**

1	Roul, Delaina / 1994	CANADA	110	55	137.5	302.5
2	Reina, Ramírez / 1996	ECUADOR	105	60	135	300

- 52 kg

1	Vick, Allison / 1994	USA	125	67.5	162.5	355
2	Carpio, Tatiana / 1994	ECUADOR	120	67.5	132.5	320
3	Sookram, Lutchmi / 1997	TRINIDAD AND TOBAGO	87.5	45	130	262.5
4	Cywiak, Daniela / 1996	MEXICO	77.5	45	117.5	240

- 57 kg

1	Hexter, Melissa / 1994	USA	125	88	142.5	355.5
2	Delgado, Arianna / 1997	ECUADOR	120	52.5	140	312.5
3	Vera, Carla / 1998	ECUADOR	120	70	117.5	307.5
4	Guerrero, Silvia / 1997	COSTA RICA	80	50	105	235

- 63 kg

1	Maltais, Justine / 1996	CANADA	142.5	90	157.5	390
R	Melendez, Megan / 1996	USA	137.5	70	175	382.5
3	Chávez, Joyce / 1997	ECUADOR	132.5	60	130	322.5

- 72 kg

1	Tremblay, Camille / 1998	CANADA	170	87.5	165	420
R	Jackson, Camiesha / 1996	USA	142.5	77.5	177.5	397.5
3	Gopaul, Dakoda / 1996	TRINIDAD AND TOBAGO	145	72.5	155	372.5
4	Zambrano, Paula / 1997	ECUADOR	115	67.5	130	312.5
5	Del Valle, Gabriela / 1998	PUERTO RICO	110	55	115	280

- 84 kg

1	Hernández, Karolina / 1995	COSTA RICA	120	85	150	355
2	Armas, Salomé / 1998	ECUADOR	122.5	77.5	137.5	337.5

84+ kg

1	Said, Aneesa / 1994	USA	175	80	197.5	452.5
2	Harold, Kristen / 1996	USA	150	72.5	202.5	425
3	Hellmer, Shauri / 1997	MEXICO	150	50	120	320

There are 23 lifters participating (there are 2 lifters in Reserve)

Women Masters I / 40+ Raw/Classic**- 52 kg**

1	Sandiford, Shelley / 1970	CANADA	102.5	57.5	160	320
2	Moreno, Adriana / 1976	COSTA RICA	120	60	125	305

- 57 kg

1	Hussey, Danielle / 1976	CANADA	112.5	60	115	287.5
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- 63 kg

1	Manias, Frances / 1973	CANADA	125	72.5	145	342.5
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- 72 kg

1	Taharally, Nadina / 1973	GUYANA	122.5	67.5	142.5	332.5
2	Montilla, Nora / 1977	COSTA RICA	80	47.5	92.5	220

84+ kg

1	Pinkney, Trina / 1973	USA	132.5	85	192.5	410
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There are 7 lifters participating (there are 0 lifters in Reserve)

Women Masters II / 50+ Raw/Classic**- 57 kg**

1	Kemper, Antoinette / 1964	USA	117.5	75	130	322.5
2	Girón, Blanca / 1959	COSTA RICA	100	50	120	270

- 63 kg

1	La Grande, Jennifer / 1966	CAYMAN ISLANDS	80	60	100	240
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- 72 kg

1	Lipsitz, Lee / 1964	USA	137.5	72.5	155	365
2	Sharpe, Beverly / 1963	CANADA	116	50	120	286

84+ kg

1	Reitmann, Judith / 1967	URUGUAY	180	100	180	380
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There are 6 lifters participating (there are 0 lifters in Reserve)

Women Masters III / 60+ Raw/Classic**- 47 kg**

1	Elwyn, Susan / 1947	USA	75	35	110	220
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- 57 kg

1	Crumpton, Kim / 1955	CANADA	60.5	52.5	113	224
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- 72 kg

1	Moore, Gail / 1947	USA	105	70	130	305
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- 84 kg

1	Rousseau, Linda / 1953	CANADA	122.5	67.5	122.5	312.5
2	Kroken, Patricia / 1947	USA	77.5	32.5	105	215

There are 5 lifters participating (there are 0 lifters in Reserve)

Women Masters IV / 70+ Raw/Classic**- 63 kg**

1	White, Helen / 1945	USA	80	62.5	125	267.5
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- 84 kg

1	Hackney, Regina / 1939	USA	70	47.5	115	232.5
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There are 2 lifters participating (there are 0 lifters in Reserve)

Pan-American Championships Equipped Divisions

	Last, First Name / YOB	Nation	Squat	Bench press	Deadlift	Total
Women Open Equipped						
- 47 kg						
R	Vásquez, María Luisa / 1983	PUERTO RICO	185	105	162.5	452.5
2	Chirinos Martínez, Oscari Alexandra / 1995	VENEZUELA	140	85	140	365
3	Reina, Ramírez / 1996	ECUADOR	135	75	145	355
4	Mack, Britney / 1999	GUYANA	120	45	115	280
- 52 kg						
1	Puddicome, Steph / 1986	CANADA	182.5	97.5	188	463
2	Rodríguez Alas, Sorangel / 1990	VENEZUELA	170	105	170	445
3	Baez, Frances / 1988	PUERTO RICO	147.5	80	160	387.5
4	Moreno, Adriana / 1976	COSTA RICA	150	75	150	375
5	Reyes, Jessica / 1984	MEXICO	125	90	135	350
- 57 kg						
1	Ochoa, Vilma / 1980	ECUADOR	222.5	115	180	517.5
2	Monserate, Kenia / 1991	ECUADOR	205	100	195	500
3	Carrera Mujica, Rommy Gabriela / 1990	VENEZUELA	180	102.5	170	452.5
4	Balduino, Layla / 1995	BRAZIL	155.5	86.5	175	417
R	Brown, Janel / 1973	USA	160.5	72.5	152.5	385.5
6	Toney, Tineisha / 1999	GUYANA	160	55	150	365
- 63 kg						
1	Castro, Rosa / 1979	ECUADOR	217.5	120	180	517.5
2	Jativa, Mery / 1992	ECUADOR	190	115	162.5	467.5
3	Ortega, Giovanna / 1994	USA	192.5	105	165	462.5
4	Peña Carrero, Yusmely Carolina / 1987	VENEZUELA	160	100	160	420
5	Flores, Andrea / 1999	PUERTO RICO	132.5	82.5	142.5	357.5
6	Smith, Andrea / 1984	GUYANA	135	67.5	132.5	335
- 72 kg						
1	Mccarthy, Kelsey / 1992	USA	237.5	150	212.5	600
2	Caldero, Genesse / 1985	PUERTO RICO	177.5	117.5	177.5	472.5
3	Nieves, Kristzia / 1996	PUERTO RICO	175	120	175	470
4	Abarca, María / 1981	COSTA RICA	185	70	185	440
5	Zambrano, Paula / 1997	ECUADOR	150	95	150	395
6	Porras, Mali / 2002	MEXICO	150	70	147.5	385
7	Marín, Angélica / 1974	MEXICO	150	50	130	330
8	Montilla, Nora / 1977	COSTA RICA	105	70	120	295
- 84 kg						
1	Bland, Monet / 1991	USA	232.5	112.5	225	570
2	Young, Dakota / 1996	USA	227.5	120	202.5	550
3	Carrasquel Estrada, Yosimar María / 1989	VENEZUELA	220	150	170	540
4	Liendo Mata, Nairu Maribi / 1982	VENEZUELA	210	130	170	510
5	Taveras, Rosa / 1961	PUERTO RICO	167.5	90.5	152.5	410.5
6	Armas, Salomé / 1998	ECUADOR	160	95	155	405

84+ kg						
1	McBride, Jaelyn / 1996	USA	240	150	182.5	572.5
There are 36 lifters participating (there are 2 lifters in Reserve)						

Women Sub Junior Equipped

- 43 kg						
1	Price, Zyana / 2000	USA	125	60	125	310
- 47 kg						
1	Alvarez, Grace / 1999	USA	132.5	67.5	115	315
2	Mack, Britney / 1999	GUYANA	120	45	115	280
- 52 kg						
1	Leibfried, Mikaela / 1999	USA	155	87.5	147.5	390
2	Angelo, Annika / 2000	USA	137.5	85	142.5	365
3	Bunces, Silvia / 1999	ECUADOR	110	50	125	285
- 57 kg						
1	Krueger, Jane / 1999	USA	157.5	70	177.5	405
2	Kratt, Cassie / 2000	USA	162.5	77.5	162.5	402.5
3	Toney, Tineisha / 1999	GUYANA	160	55	150	365
- 63 kg						
1	Flores, Andrea / 1999	PUERTO RICO	132.5	82.5	142.5	357.5
- 72 kg						
R	Whipple, Caitlyn / 2000	USA	172.5	65	165	402.5
2	Porras, Mali / 2002	MEXICO	150	70	147.5	385
- 84 kg						
R	Ristic, Ashley / 2000	USA	175	92.5	162.5	430
84+ kg						
1	Walker, Carlie / 1999	USA	205	160	187.5	552.5
2	Opiela, Kristen / 2000	USA	227.5	95	207.5	530
There are 15 lifters participating (there are 2 lifters in Reserve)						

Women Junior Equipped

- 43 kg						
1	Martinez, Bianca / 1998	USA	102.5	55	117.5	275
2	Garcia, Kenah / 1994	USA	105	45	107.5	257.5
- 47 kg						
1	Reina, Ramírez / 1996	ECUADOR	135	75	145	355
2	Malagón González, Yuri / 1994	COLOMBIA	120	60	120	300
- 52 kg						
1	Carpio, Tatiana / 1994	ECUADOR	155	85	150	420
R	Hernandez, Andie / 1997	USA	157.5	95	152.5	405

- 57 kg

R	Cavazos, Marie / 1998	USA	192.5	105	155	452.5
R	Patino, Jodel / 1997	USA	175	100	155	430
3	Balduino, Layla / 1995	BRAZIL	155.5	86.5	175	417
4	Zapata, Isabel / 1995	COLOMBIA	160	75	165	400
5	Delgado, Arianna / 1997	ECUADOR	140	60	160	360
6	Vera, Carla / 1998	ECUADOR	140	85	130	355
7	Venégas Suárez, Carmen María / 1996	COLOMBIA	115	40	115	270

- 63 kg

1	Ortega, Giovanna / 1994	USA	192.5	105	165	462.5
2	Chávez, Joyce / 1997	ECUADOR	165	75	170	410
3	Dávila Zapata, Irina Leonor / 1994	COLOMBIA	130	70	130	330

- 72 kg

1	Nieves, Kristzia / 1996	PUERTO RICO	175	120	175	470
2	Zambrano, Paula / 1997	ECUADOR	150	95	150	395

- 84 kg

1	Young, Dakota / 1996	USA	227.5	120	202.5	550
2	Dionne, Sophia / 1998	USA	177.5	97.5	165	440
3	Armas, Salomé / 1998	ECUADOR	160	95	155	405

84+ kg

1	McBride, Jaelynn / 1996	USA	240	150	182.5	572.5
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There are 22 lifters participating (there are 3 lifters in Reserve)

Women Masters I / 40+ Equipped**- 52 kg**

1	Moreno, Adriana / 1976	COSTA RICA	150	75	150	375
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- 57 kg

R	Brown, Janel / 1973	USA	160.5	72.5	152.5	385.5
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- 63 kg

1	Abonia, Maribel / 1972	COLOMBIA	150	70	165	395
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- 72 kg

1	Marín, Angélica / 1974	MEXICO	150	50	130	330
2	Montilla, Nora / 1977	COSTA RICA	105	70	120	295

There are 5 lifters participating (there are 1 lifters in Reserve)

Women Masters II / 50+ Equipped**- 72 kg**

1	Sharpe, Beverly / 1963	CANADA	116	50	120	286
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- 84 kg

1	Taveras, Rosa / 1961	PUERTO RICO	167.5	90.5	152.5	410.5
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There are 2 lifters participating (there are 0 lifters in Reserve)

Women Masters IV / 70+ Equipped**- 84 kg**

1	Hackney, Regina / 1939	USA	70	47.5	115	232.5
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There are 1 lifters participating (there are 0 lifters in Reserve)

FESUPO South American Championships

	Last, First Name / YOB	Nation	Squat	Bench press	Deadlift	Total
Women Open Equipped						
- 47 kg						
1	Chirinos Martínez, Oscari Alexandra / 1995	VENEZUELA	140	85	140	365
2	Reina, Ramírez / 1996	ECUADOR	135	75	145	355
3	Mack, Britney / 1999	GUYANA	120	45	115	280
- 52 kg						
1	Rodríguez Alas, Sorangel / 1990	VENEZUELA	170	105	170	445
- 57 kg						
1	Ochoa, Vilma / 1980	ECUADOR	222.5	115	180	517.5
2	Monserate, Kenia / 1991	ECUADOR	205	100	195	500
3	Carrera Mujica, Rommy Gabriela / 1990	VENEZUELA	180	102.5	170	452.5
4	Balduino, Layla / 1995	BRAZIL	155.5	86.5	175	417
5	Toney, Tineisha / 1999	GUYANA	160	55	150	365
- 63 kg						
1	Castro, Rosa / 1979	ECUADOR	217.5	120	180	517.5
2	Jativa, Mery / 1992	ECUADOR	190	115	162.5	467.5
3	Peña Carrero, Yasmely Carolina / 1987	VENEZUELA	160	100	160	420
4	Smith, Andrea / 1984	GUYANA	135	67.5	132.5	335
- 72 kg						
1	Zambrano, Paula / 1997	ECUADOR	150	95	150	395
- 84 kg						
1	Carrasquel Estrada, Yosimar María / 1989	VENEZUELA	220	150	170	540
2	Liendo Mata, Nairu Maribi / 1982	VENEZUELA	210	130	170	510
3	Armas, Salomé / 1998	ECUADOR	160	95	155	405

There are 17 lifters participating (there are 0 lifters in Reserve)

Women Sub Junior Equipped

- 47 kg						
1	Mack, Britney / 1999	GUYANA	120	45	115	280
- 52 kg						
1	Jiménez Gutiérrez, Nubis / 1999	COLOMBIA	100	50	120	-
2	Bunces, Silvia / 1999	ECUADOR	110	50	125	285
- 57 kg						
1	Toney, Tineisha / 1999	GUYANA	160	55	150	365

There are 4 lifters participating (there are 0 lifters in Reserve)

Women Junior Equipped

- 47 kg						
1	Reina, Ramírez / 1996	ECUADOR	135	75	145	355
- 52 kg						
1	Carpio, Tatiana / 1994	ECUADOR	155	85	150	420

- 57 kg

1	Balduino, Layla / 1995	BRAZIL	155.5	86.5	175	417
2	Delgado, Arianna / 1997	ECUADOR	140	60	160	360
3	Vera, Carla / 1998	ECUADOR	140	85	130	355

- 63 kg

1	Chávez, Joyce / 1997	ECUADOR	165	75	170	410
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- 72 kg

1	Zambrano, Paula / 1997	ECUADOR	150	95	150	395
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- 84 kg

1	Armas, Salomé / 1998	ECUADOR	160	95	155	405
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There are 8 lifters participating (there are 0 lifters in Reserve)

Referees

	Name	Nation	Cat	Availability
1	José Inguanti	ARGENTINA	IPF Cat I	TBD
2	Julio Conrado	BRAZIL	IPF Cat I	TBD
3	Claudia Nagata	BRAZIL	IPF Cat I	TBD
4	Sandra Conrado	BRAZIL	IPF Cat II	TBD
5	Michael Knott	CANADA	IPF Cat II	IPF Cat I test
6	Justin Smith	CANADA	National Referee	IPF Cat II test
7	Chad Scott	CAYMAN ISLANDS	National Referee	IPF Cat II test
8	Jeremy O'Sullivan	CAYMAN ISLANDS	National Referee	IPF Cat II test
9	Tony McInerney	CAYMAN ISLANDS	National Referee	IPF Cat II test
10	Hugo Velásquez Ormeño	COSTA RICA	IPF Cat I	TBD
11	Nora Montilla	COSTA RICA	IPF Cat II	TBD
12	Zelmira Sandí	COSTA RICA	IPF Cat II	TBD
13	Manuel Campos	COSTA RICA	IPF Cat II	TBD
14	John Edwards	GUYANA	IPF Cat II	TBD
15	E. Gordon Spencer	GUYANA	IPF Cat II	TBD
16	Andrew Colin Austin	GUYANA	IPF Cat II	All
17	Gaston Parage	LUXEMBURG	IPF Cat I	04-05.JULY
18	Gabriel García	MEXICO	IPF Cat II	IPF Cat I test, 06 and 07 JULY
19	Oscar Carrillo	MEXICO	National Referee	IPF Cat II test
20	Joan Báez	PUERTO RICO	IPF Cat II	TBD
21	Iván Cancel	PUERTO RICO	IPF Cat II	TBD
22	Alex Alvarado	PUERTO RICO	IPF Cat II	TBD
23	Steven Crane	PUERTO RICO	National Referee	IPF Cat II test (available Wed-Sat)
24	Gabre-Jesu McTair	TRINIDAD AND TOBAGO	IPF Cat II	All
25	Maia Blackman	TRINIDAD AND TOBAGO	National Referee	IPF Cat II test
26	Gabriela Cigaran	URUGUAY	IPF Cat II	Day 4, 5, and 6 (only women)
27	Judith Reitmann	URUGUAY	IPF Cat II	Day 4 and 6 (all categories)
28	Robert Massey	US VIRGIN ISLANDS	IPF Cat II	All
29	Eliot Feldman	USA	IPF Cat I	All
30	Bill Clayton	USA	IPF Cat I	All
31	Larry Maile	USA	IPF Cat I	All
32	Mike Licciardi	USA	IPF Cat I	TBD
33	Regina Hackney	USA	IPF Cat II	04.07,06.07,08.07 1st sessions only
34	William Helmich	USA	IPF Cat II	All
35	Don McElravy	USA	IPF Cat II	IPF Cat I test
36	Karen Licciardi	USA	IPF Cat II	TBD
37	Tony Lambeth	USA	IPF Cat II	07.07 only
38	Carlos García	VENEZUELA	IPF Cat I	All Women Classic