

12th Annual IPF / NAPF North American Regional Bench Press Championships
October 26 – 28 in Hamilton, Toronto, Ontario, Canada
Final Nominations – October 5, 2017

NAPF Bench Press Championships
Equipped Divisions

Position	Last, First / YOB	Nation	Bench Press (kg)
Men's Equipped Open			
-59 kg			
1	Torres, Israel / 1982	MEXICO	130
-66 kg			
1	Mejía, Oscar / 1964	MEXICO	125
-74 kg			
1	Martínez, Marco / 1994	MEXICO	120
-83 kg			
1	Ruelan, Miguel / 1970	USA	192.5
2	Singh, Nairjanjan / 1945	GUYANA	117.5
3	Settles, Michael / 1944	USA	25
-93 kg			
1	Antoniow, Barry / 1972	CANADA	253
2	Manzano, Adir / 1978	MEXICO	185
3	Olvera, Anibal / 1975	MEXICO	150
4	Noguera, John / 1956	CANADA	120
-105 kg			
1	Sinclair, Chad / 1991	CANADA	180
-120 kg			
1	Stewart, Brady / 1982	USA	340
2	Gill, Ryan / 1976	USA	262.5
3	Alvarado, Alex / 1974	PUERTO RICO	213
4	Ramírez, Luis / 1965	MEXICO	205
5	Ramírez, Jhonatan / 1979	MEXICO	190
120+ kg			
1	Stinn, Ryan / 1981	CANADA	300
2	Fischer, Jeremy / 1993	USA	142.5

There are 18 lifters nominated

Men's Equipped Junior

-74 kg			
1	Martínez, Marco / 1994	MEXICO	120

There is 1 lifter nominated

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Men's Equipped Masters I / 40+

-83 kg	1	Ruelan, Miguel / 1970	USA	192.5
-93 kg	1	Antoniow, Barry / 1972	CANADA	253
	2	Olvera, Anibal / 1975	MEXICO	150
-105 kg	1	David, Pigozzo / 1968	CANADA	155
-120 kg	1	Gill, Ryan / 1976	USA	262.5
	2	Alvarado, Alex / 1974	PUERTO RICO	213

There are 6 lifters nominated

Men's Equipped Masters II / 50+

-66 kg	1	Mejía, Oscar / 1964	MEXICO	125
-120 kg	1	Ramírez, Luis / 1965	MEXICO	205

There are 2 lifters nominated

Men's Equipped Masters III / 60+

-93 kg	1	Noguera, John / 1956	CANADA	120
-120 kg	1	Haddock, Donnie / 1956	USA	210

There are 2 lifters nominated

Men's Equipped Masters IV / 70+

-83 kg	1	Singh, Nairjanjan / 1945	GUYANA	117.5
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There is 1 lifter nominated

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NAPF Bench Press Championships
Classic Divisions

Position	Last, First / YOB	Nation	Bench Press (kg)
Men's Classic Open			
-59 kg			
1	Zehr, Adam / 1979	USA	165
2	Torres, Israel / 1982	MEXICO	110
-66 kg			
1	Aviado, Chris / 1975	CANADA	162.5
-74 kg			
1	Nguyen, Loc / 1989	CANADA	155
2	Chan, Art / 1977	CANADA	150
-83 kg			
1	Morgan, Isaiah / 1993	COSTA RICA	160
2	Lapadat, Ryan / 1979	CANADA	145
3	Settles, Michael / 1944	USA	25
-93 kg			
1	McClain, LS / 1978	USA	230
2	Zilberbrant, Greg / 1981	CANADA	192.5
3	Olvera, Anibal / 1975	MEXICO	125
-105 kg			
1	Brown, Leon / 1964	CANADA	225
2	Hellmer, Helios / 1971	MEXICO	175
-120 kg			
1	Lane, Horace / 1964	USA	240
2	Gill, Ryan / 1976	USA	197.5
3	Mitry, Fady / 1998	CANADA	165
4	Ramírez, Jhonatan / 1979	MEXICO	150
5	Dziobiak, Stan / 1979	PUERTO RICO	147.5
120+ kg			
1	Cedillo, Alejandro / 1984	MEXICO	210
2	Garrett, Bentley / 1988	CANADA	195

There are 19 lifters nominated

Men's Classic Sub Junior

-66 kg			
1	Gassert, Steven / 2000	USA	135
-105 kg			
1	Morrison, Logan / 1999	USA	122.5

There are 2 lifters nominated

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Men's Classic Junior

-120 kg

1	Mitry, Fady / 1998	CANADA	165
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There is 1 lifter nominated

Men's Classic Masters I / 40+

-66 kg

1	Aviado, Chris / 1975	CANADA	162.5
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-74 kg

1	Art, Chan / 1977	CANADA	150
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-93 kg

1	Olvera, Anibal / 1975	MEXICO	125
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-105 kg

1	Hellmer, Helios / 1971	MEXICO	175
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-120 kg

1	Gill, Ryan / 1976	USA	197.5
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There are 5 lifters nominated

Men's Classic Masters II / 50+

-105 kg

1	Leon, Brown / 1966	CANADA	225
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-120 kg

1	Lane, Horace / 1964	USA	240
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2	David, Holmes / 1965	CANADA	150
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There are 3 lifters nominated

Men's Classic Masters III / 60+

-59 kg

1	Tatsumi, Mel / 1948	USA	67.5
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-93 kg

1	John, Noguera / 1956	CANADA	115
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-105 kg

1	Koprnicky, Miroslav / 1951	CANADA	145
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-120 kg

1	Haddock, Donnie / 1956	USA	180.5
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There are 4 lifters nominated

Men's Classic Masters IV / 70+

-83 kg

1	Settles, Michael / 1944	USA	25
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-105 kg

1	Moore, John / 1937	USA	117.5
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There are 2 lifters nominated

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Referees			
Name	Nation	Cat	Availability
1 Claudia Nagata	BRA	IPF Cat I Referee	ALL
2 Harnek Rai	CAN	IPF Cat I Referee	ALL
3 Mike Knott	CAN	IPF Cat I Referee	ALL
4 Mark Giffin	CAN	IPF Cat II Referee	ALL
5 Glyn Moore	CAN	IPF Cat II Referee	ALL
6 Alex Alvarado	PUR	IPF Cat II	27.OCT
7 Don McElravy	USA	IPF Cat I	ALL
8 Robert Keller	USA	IPF Cat I	ALL
9 Robert Massey	USVI	IPF Cat II	ALL